

## About the Speaker

Teepa Snow, an occupational therapist, has more than 28 years of experience in geriatrics. She is a specialist in dementia care and dementia education with clinical appointments at Duke University's School of Nursing and UNC-Chapel Hill's School of Medicine. She is a fellow of the American Occupational Therapy Association.



Teepa Snow, MS, OTR/L, FAOTA

Previously, Teepa served as the education director and lead trainer for the Eastern NC Chapter of the Alzheimer's Association. She has developed two training videos, published many articles, and presents locally, regionally, and nationally on a variety of topics and to a wide variety of audiences.

## Workshop Objectives

At the end of this workshop, participants will be able to:

- ❖ Describe typical conditions of the brain and body of someone with various levels of impairment related to dementia and their impact on behavior
- ❖ Describe lost and preserved abilities and skills that result in behaviors that accompany the progression of the disease and affect care
- ❖ Describe techniques for physical care and hands-on assistance and management that will improve cooperation and participation and reduce resistance and refusals
- ❖ Describe verbal interaction techniques that can positively impact care
- ❖ Discuss environmental considerations in providing care at different stages of the condition
- ❖ Compare more traditional pain management protocols and considerations and their role in advanced dementia care.

Washington State Hospice &  
Palliative Care Organization  
897 18th Street  
Mukilteo, WA 98275-2226

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Teepa Snow  
Dementia Workshop

Sponsored by:  
Washington State Hospice &  
Palliative Care Organization  
Alzheimer's Association  
Western and Central Washington  
Chapter & Inland Northwest Chapter

# Nearing the Journey's End

Providing End-of-Life Care  
That Makes Sense for the  
Person With Dementia

Presenter

Teepa Snow

Nationally-recognized expert  
in geriatrics and dementia care

Tuesday, Nov. 3, 2009  
CENTERPLACE  
2426 N. Discovery Place  
SPOKANE VALLEY, WA 99206  
509-688-0300

Thursday, Nov. 5, 2009  
Tukwila Community Center  
12424 42nd Ave. S.  
TUKWILA, WA 98168  
206-768-2822

## Workshop Description

This workshop is designed to provide knowledge and skills for professional hospice providers that will enhance the quality of life, reduce the level of distress, and improve the providers' ability to interact and communicate effectively with the person living with dementia in the later stages of the condition.

During the workshop we will discuss different dementias and their presenting symptoms; explore common behavioral symptoms related to the disease; develop new techniques and strategies for interacting and communicating with dementia patients; and explore ways to deliver care with better cooperation and improved outcomes.

This workshop is highly interactive and participatory and will provide immediate benefits, helping change current routines and habits into mindfully-delivered "state of the art" care.

## Schedule

8:30 a.m.	Registration
9:00 a.m.	Workshop with 15 min. break
12:00 noon	Lunch
1:00 p.m.	Workshop with 15 min. break
4:00 p.m.	Adjourn

### Workshop Planning Committee

Anne Koepsell, MHA, BSN, RN • Teepa Snow, MS, OTR/L, FAOTA

## Who should attend?

Health care professionals and staff members who want to learn strategies and methods of providing help to people with dementia, including hospices, adult family homes, assisted-living facilities, long-term care facilities, registered nurses, social workers, physicians, nurse practitioners, and certified nursing assistants.

### CONTINUING EDUCATION

#### Registered Nurses:

(PA #56) is an approved provider of continuing education by the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 5.5 contact hours.

#### Social Workers:

This workshop has been approved for 5.5 CEUs by the Washington Chapter, National Association of Social Workers (NASW) for Licensed Social Workers, Licensed Marriage & Family Therapists and Licensed Mental Health Counselors. Provider number is #1975-153. Chaplains may also use these CEUs.

### REGISTRATION INFORMATION

**Registration Fee: \$150 includes lunch. \$50 late fee applies after October 1.**

**Online:** go to [www.wshpco.org](http://www.wshpco.org). There is a link to registration on the Home Page or click on *Events Calendar*. Payment by either credit card or invoice/check when registering online.

**Mail:** If registering by mail or fax, photocopy the registration form as needed. Mail completed registrations and payments to: Anne Koepsell  
WSHPCO  
1911 SW Campus Drive #316  
Federal Way, WA 98023-6473

**Fax:** Fax registration and credit card information to Anne Koepsell at 509-928-6812

**Cancellation Policy:** Cancellations received after Oct. 1 will be subject to a \$50 cancellation fee. **NO** refunds will be given for cancellations received after Oct. 16th. Substitutes are welcome.

### Who is registering? (please print)

Name \_\_\_\_\_

Agency \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Daytime phone (required) \_\_\_\_\_

E-mail \_\_\_\_\_

### Which location are you attending?

- November 3 – Spokane Valley  
 November 5 – Tukwila

### Method of Payment

- Check or money order enclosed, payable to Washington State Hospice & Palliative Care Organization  
 Credit Card:  VISA  MasterCard  American Express

Credit card number \_\_\_\_\_

Expiration date \_\_\_\_\_

Security code \_\_\_\_\_

Billing zip code \_\_\_\_\_

Billing phone \_\_\_\_\_

Exact name on card (please print):

\_\_\_\_\_

Signature \_\_\_\_\_

### Special needs

Do you require a special diet?  Yes

Type: \_\_\_\_\_

Do you require ADA facilities?  Yes

Please list specific requirements: \_\_\_\_\_

\_\_\_\_\_

**HME Acknowledgment:** Home Medical Equipment provided by Bellevue Healthcare, Inc.